

**BUNTS SANGHA'S**  
**S. M. SHETTY COLLEGE OF SCIENCE, COMMERCE & MANAGEMENT**  
**STUDIES, POWAI**  
**NAAC ACCREDITED 'A' GRADE**  
**ISO 21001:2018 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**  
**Approval Form: "Webinar on Suicide Prevention"**

**Department:** NSS Unit.

**Program:** Webinar on Suicide Prevention (Intra- Collegiate)

**Objectives:** Its is important for the people to know about the Effects and Causes for "Suicide Prevention".

**Need:** It is important to make people aware about suicide prevention as many people try to commit suicide for some or the other reasons also it is important to talk and make people aware mental health.

**Content:** This was an Intra-collegiate Webinar on Suicide Prevention

**Resource Person:** Ms. Sachi Mulki

**Judge:** NA

**Date:** 4<sup>th</sup> March, 2021

**Cost/Budget:** NA.

**Proposed by:** Ms. Snehal Rai.

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes.



**NSS Programme Officer**



**NSS Programme Officer**

**Minutes of the meeting: "Webinar on Suicide Prevention"**

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of Science, Commerce & Management Studies  
Powai, Mumbai-400 076.  
Tel. 022-6132 7352  
Email: college@smsshettyinstitute.org

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There was a meeting held on Zoom Platform on 28<sup>th</sup> February, 2021

**Minutes of the meeting:**

- Discussed about upcoming event.
- Finalized to organize a webinar on Suicide Prevention with Sisters Living Works
- Finalized the events name as "Suicide Prevention".
- Allotted leaders to work on the Notice (WhatsApp Message) that would be sent to other colleges for students to participate.
- To allot social media team to update social media handles.
- Allotted the leaders to mail the certificate of the previous event.
- Discussed on the final Documentation.



**NSS Programme Officer**



**NSS Programme Officer**

**Poster/Brochure: "Webinar on Suicide Prevention"**

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# NATIONAL SERVICE SCHEME

Presents  
**An Intra-Collegiate Webinar**  
**"Suicide Prevention"**



Guided by  
**Ms. Sachi Mulki**  
A Psychologist by training  
and a Mental Health  
Advocate. She is the  
Training Manager at Sister  
Living Works.

Date: 4th March, 2021  
Time: 4:30pm  
Venue: Zoom

**E-Certificates will be provided**

For any queries

Snehal Rai-	9082362400	Ishan Salian-	9773471471
Mahima Singh-	7506516043	Dipti Shetty -	7045197444

**Notice (WhatsApp Message): "Webinar Suicide Prevention"**

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Greetings to All..

The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies, Powai · is organizing a Intra-collegiate Webinar · on Suicide Prevention.

An Interactive Webinar to learn about recognizing Warning signs of Suicide, Risk Factor, Protective Factor and How to effectively respond to someone in a Suicidal crisis.

About the NGO:

Sisters Living Works is an NGO dedicated to the cause of Suicide Prevention in India by raising community Awareness, Involvement, Education and Advocacy.

About the Resource Person:

Sachi Mulki - A Psychologist by training and a Mental Health Advocate. She is the Training Manager at Sister Living Works.

Date: 4th March, 2021

Time: 4:30 Pm

Venue: Zoom Video call

Register now through the below given link

[https://docs.google.com/forms/d/e/1FAIpQLSeVY5HBn4S2S3SJ\\_x6\\_noBVG6EknsMtqHA9eflP8B0H142jSQ/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSeVY5HBn4S2S3SJ_x6_noBVG6EknsMtqHA9eflP8B0H142jSQ/viewform?usp=sf_link)

Note: Participants limit 100 only

All the Participants will be provided E-certificate

Do check our social media handles

Instagram - [https://instagram.com/shettynssunit\\_b46?igshid=1xuafngvhevfgf](https://instagram.com/shettynssunit_b46?igshid=1xuafngvhevfgf)

Facebook - <https://www.facebook.com/smshettynss/>

YouTube - [https://www.youtube.com/channel/UC3ysq4y-Y\\_7UmvOkP6t60\\_Q](https://www.youtube.com/channel/UC3ysq4y-Y_7UmvOkP6t60_Q)

For any further queries feel free to contact:

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Ishan Salian - 9773471471

Snehal Rai - 9082362400

Mahima Singh - 75065 16043

Dipti Shetty - 70451 97444

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shettyinssunit\_b46



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**NATIONAL SERVICE SCHEME**  
*Presents*  
**An Intra-Collegiate Webinar**  
**"Suicide Prevention"**

**Guided by**  
*Ms. Sachi Mulki*  
A Psychologist by training and a Mental Health Advocate. She is the Training Manager at Sister Living Works.

**Date: 4th March, 2021**  
**Time: 4:30pm**  
**Venue: Zoom**

**E-Certificates will be provided**

For any queries  
Snehal Rai- 9082362400 Ishan Salian- 9773471471  
Mahima Singh- 7506516043 Dipti Shetty - 7045197444



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*S. M. Shetty*  
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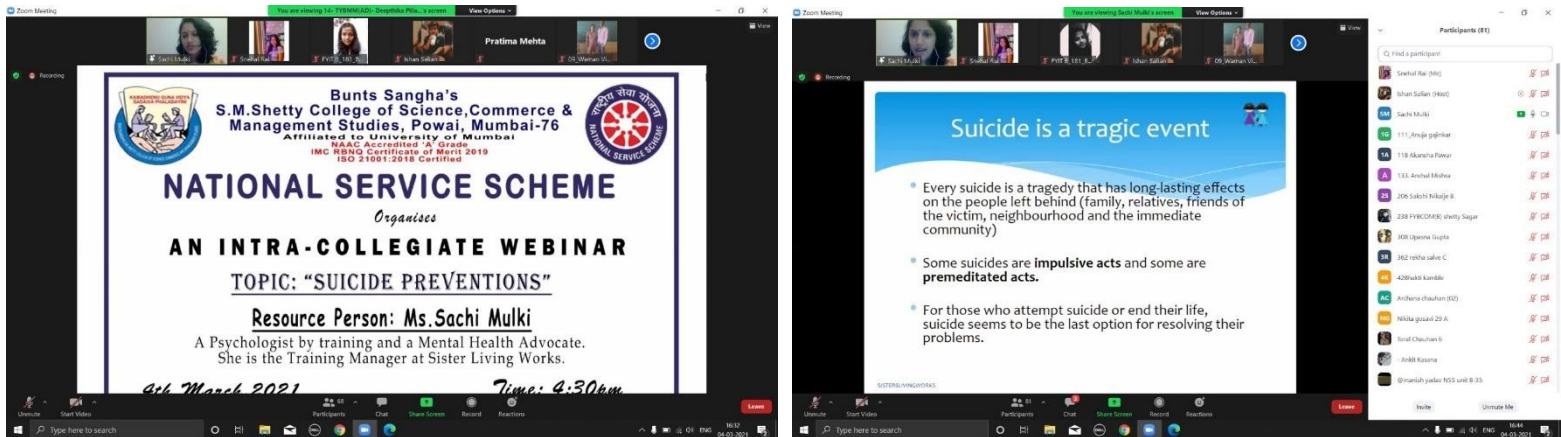
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**Report: "Webinar on Suicide Prevention"**

**Event: Webinar on Suicide Prevention.**

**Date:** 4<sup>th</sup> March, 2021.

**Highlight:** The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies, Powai organized a Webinar on Suicide Prevention on 4<sup>th</sup> March, 2021 at 4:30 by Ms. Sachi Mulki, she is a psychologist by training, and a mental health advocate. She is the training manager at Sisters Living Works. The webinar commenced with the welcome speech given by our NSS Volunteer Ms. Beulah Sundarajan. Later she also introduced our Resource Person Ms. Sachi Mulki, then Ms. Sachi Mulki ma'am took over the webinar and started the session. Q n A session was also held in the webinar, it was a interactive session. The webinar was end with the Vote of Thanks by NSS Assistant Representative Snehal Rai.



*Vijay Krishnarajama*

**NSS Programme Officer**

*John Pienzo*

**NSS Programme Officer**

**Participant List: "Webinar on Suicide Prevention"**

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3. Samay Shah - S.M.Shetty College
4. Ujjwal Singh - S.M.Shetty College
5. Sakshi Poojary - S.M.Shetty College
6. Nidhi Shetty - S.M.Shetty College
7. Waman Vilas Dhuri – S.M.Shetty College
8. Kanojiya Vandana kadeprasad - S.M.Shetty College
9. Singh Madhavi - S.M.Shetty College
10. Radhika jayesh Manjrekar - S.M.Shetty College
11. Kodakanti Bhavana Shrinivas - S.M.Shetty College
12. Sulata Bhagwan Panigrahi - S.M.Shetty College
13. Megha Sabu Pujari - S.M.Shetty College
14. Harsh Purushottam shetye - Valia C.L. College of commerce
15. Sagar Shetty - S.M.Shetty College
16. Swati Vasant Shetty - S.M.Shetty College
17. Suparna Paul - S.M.Shetty College
18. Ankit Kasana - S.M.Shetty College
19. Rohit Sunil Garje - Valia Cl college of commerce
20. Priya Yadav - S.M.Shetty College
21. Anchal Mishra - S.M.Shetty College
22. Deepthika Pillai - S.M.Shetty College
23. Daljitkaur kaller - Valia C.L. college of commerce
24. Komal Dattu chaudhari - Valia college of commerce
25. Sonu rajkumar mahto - S.M.Shetty College
26. Shrinav Shyam - S.M.Shetty College
27. Sharma Esha Suneet Rai - Valia C.L College Of Commerce
28. Abhishek rajkishor gupta - S.M.Shetty College
29. Ankush chandrajeet Yadav - S.M.Shetty College
30. Tanya Ravindranath Singh - S.M.Shetty College
31. Singh shivanjali santosh - S.M.Shetty College
32. Nandini Mahapatra - S.M.Shetty College
33. Bhavna prajapati - S.M.Shetty College
34. SAH SAURABH PRAMOD - Valia C.L. College of Commerce
35. Sandhya Bupal Bhandari - Valia college
36. Dhiraj Santosh Mahadik - S.M.Shetty College
37. Anuja gajinkar - S.M.Shetty College

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38. Shivam Upadhyay - S.M.Shetty College
39. Ratnakar Singh - S.M.Shetty College
40. Kannika nadar - Valia CL college of commerce and science
41. Rahul Kushwaha - S.M.Shetty College
42. Ayesha khan - S.M.Shetty College
43. Sakshi Rajesh Nikalje - Valia C.L college of Commerce
44. RANA DHIRAJ ARJUN - NIRANJANA MAJITHIA COLLEGE OF COMMERCE
45. Divya Kotian - S.M.Shetty College
46. Krishna jaiswal - S.M.Shetty College
47. Sakshi mohan dabade - Valia C.L college
48. SHINDE LAXMI MALHARI - VALIA C.L college of commerce
49. Bhushan Dattu Ghumare - S.M.Shetty College
50. Mane Komal Vilas - S.M.Shetty College
51. Sahu Sriyakumari Sunil - S.M.Shetty College
52. Kamble Bhakti Santosh - Valia C.L college of commerce.
53. Beulah Sundararajan - S.M.Shetty College
54. Urvashi jaiswal - S.M.Shetty College
55. Angel Antony kalloothra - Valia c. L college
56. Anjali Maurya - Valia C.L. college of commerce
57. Krupali mota - Valia c l college
58. Shivani Budathoki - Valia C. L collage of commerce
59. Shikha Vishwakarma - Valia college
60. Amisha pardeshi - S.M.Shetty College
61. Namrata Kishor Khade - Valia C. L college of Commerce
62. Kharatmol Anushka Dayanand - Valia C L College of Commerce
63. Shaikh Alfiya Haroon - S.M.Shetty College
64. Manish dayashankar Yadav - Niranjana Majithia college.
65. Gupta Rishikesh Dashrath - Valia C.L College of Commerce
66. Ghanekar Chirag Prabhakar - Valia C.L College
67. Pimpalkar Pratik Deepak - Valia c.l. College of commerce
68. DEVRUKHKAR DIPESH - Cosmopolitan's Valia C.L. College
69. Gopal Baranwal - Valia college
70. Archana Chauhan - S.M.Shetty College
71. Diksha Kamble - Valia C L college of commerce
72. Ishan Salian - S.M.Shetty College
73. Aishwarya Rajendra Jangam - Valia C.L College of Commerce

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Certificate Sample Copy: "Webinar on Suicide Prevention"



Vijay Krishnaswama

NSS Programme Officer

John Pienzo

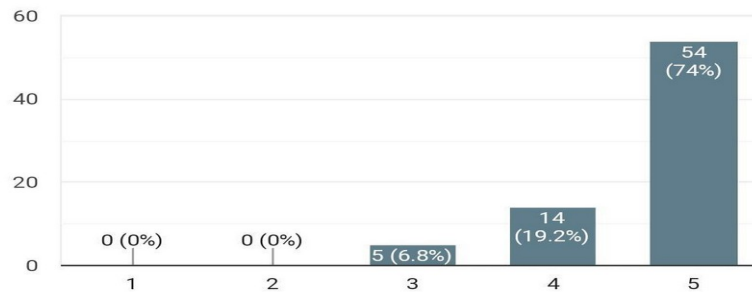
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**Feedback Analysis: Webinar on Suicide Prevention**

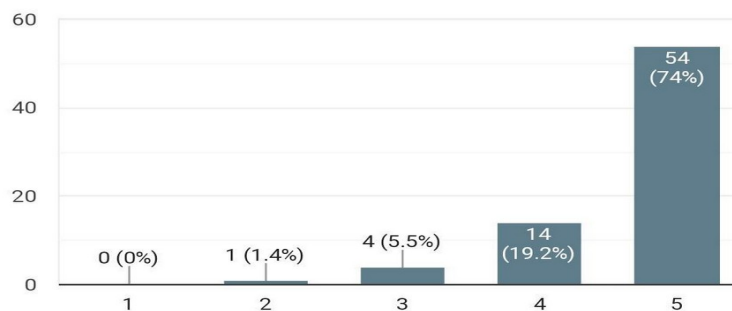
How informative was the session?

73 responses



How satisfied are you with the session's content?

73 responses



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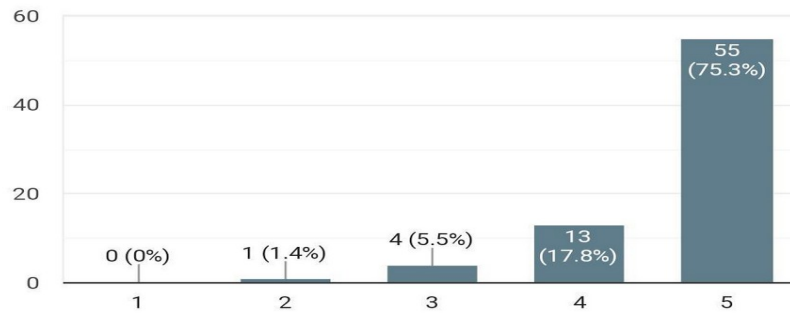
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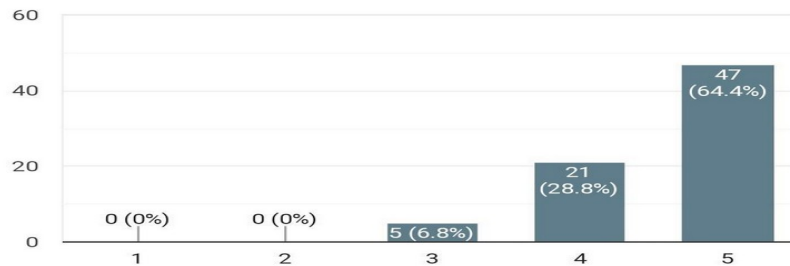
How relevant and helpful do you think the session was?

73 responses



How satisfied are you with the technical aspects of online platform?

73 responses



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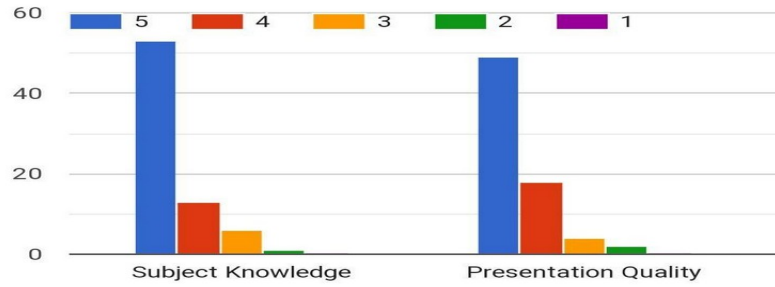


  
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How satisfied were you with the key note speaker?



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**Action Taken: "Webinar on Suicide Prevention"**

<b>DATE</b>	<b>Feedback Received</b>	<b>Action Taken</b>
Date: 4 <sup>th</sup> March, 2021	<ul style="list-style-type: none"><li>• Participants appreciated the efforts taken by the college to conduct this event even during pandemic.</li><li>• All the participants were happy to participate in this webinar</li></ul>	NSS Unit will conduct more such interesting and informative Webinars.



**NSS Programme Officer**



**NSS Programme Officer**

**Thank you Letter: "Webinar on Suicide Prevention"**

SMS/

4<sup>th</sup> March, 2021

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To,  
Ms. Sachi Mulki.  
S.M Shetty Degree College,  
Powai.

Dear Madam,

It was truly a pleasure to have you with us as our Resource Persons for webinar on **“Suicide Prevention”** organized by NSS UNIT of our college.

On behalf of our college, we'd like to thank you for the generous gift of your time, making people aware and also giving us your precious opinion and various other information. Your time and dedication made this webinar successful.

With Regards,  
Thanking you,

Yours faithfully,  
Dr.Sridhara Shetty  
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